

# EEKL IP

## FOR FIELD SAFETY

## INCLUSION

Toilet stops in the tundra can often leave field members feeling exposed. It's best to prepare everyone on your team before heading out.

- Pack a field kit with menstrual hygiene products, hand sanitizer, wipes, pain medication, and a spare plastic bag to bring waste back to the station where you can properly dispose of it.
- Folks will often line the outside of waste bags with opaque duct tape for increased privacy.



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Support safe field teams by making sure everyone is prepared before departure

Meet before you depart to discuss proper field gear and create shared expectations

- Point out where to find important safety resources how to use them like satellite phones first aid kits or tire changing equipment
- Address often overlooked personal medical hygiene concerns What can people expect for toilet breaks Should those with daily prescriptions pack extra doses in

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Conflicts amongst team members are bound to arise in the field. Knowing how to intentionally manage them is key to resolution.

1. Take turns to explain observations to gain a feel of the full story. Listen actively. Make sure everyone speaks. Be open to hearing differing perspectives.

2. Take some time to set aside your own perspective. Imagine the other person's feelings. Do not believe or say anything more or less than what you see or hear.

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